

Building Awesome Whānau – Waimakariri

Starts Thursday 5 March 2020 @ 9.30am - 11:30am for 6 Thursdays

Te Matauru Primary, cnr. Johns and Pentecost Roads, Rangiora



What you will learn

In six sessions, over six weeks, this course is packed full of ideas, positive stories from parents still on the journey with their own tamariki and useful resources to help you build a great future for your whānau. The activities in this course cover tamariki aged 0–12 years. You are the most important person to your tamariki. Your facilitators will draw on the wealth of wisdom and experiences present in the group, and weave that together with all that is Building Awesome Whānau, so that you are supported and encouraged as you awahi (nurture) and build YOUR awesome whānau.

Topics covered

- Session 1 – Laying the foundations – *building your family on aroha*
- Session 2 – Parents are the roof! - *protecting your whānau*
- Session 3 – The walls of the whare – *boundaries to keep the good stuff in and the bad stuff out*
- Session 4 – Keeping it sweet – *atmosphere is everything!*
- Session 5 – Cool korero! - *communication*
- Session 6 – Outside the whare – *living in the big wide world*

🚦 The course will end on Thursday 9 April 2020.

Cost & Bookings

FREE

This course is free of charge. The cost is usually \$75 per person or \$110 per couple. However, this course is fully funded by [Mana Ake – stronger for Tomorrow](#). The facilitators are all Mana Ake Kaimahi, trained and supported by The Parenting Place, the designers of the course: <https://www.theparentingplace.com/building-awesome-whānau/>

For more information or to book your space, please email Julie at julieb@mmsi.org.nz or phone/text 027 275 3922

Please book by 9am Monday 2 March 2020.